



Hey, **thanks** so much for trusting **Tenix®!**

We are a dynamic start-up, right from the heart of Stuttgart. Our goal? To rock the tennis world with high-quality and innovative products!

We dream of setting new standards together with you and shaping the tennis landscape – all developed in Germany for tennis players worldwide!

Instructions:

Step 1 - Setup: Take the weight base and tennis ball out of the case, unroll the cord, and position the base with the loop facing the direction of your shot, on solid ground.

Step 2 - Safety: Make sure there are no people or obstacles within a 15-meter radius.

Step 3 - Start Playing: Hold the tennis ball in your hand, ensure the cord is knot-free, and hit the ball away using your tennis racket. Thanks to the elastic cord, the ball will return to you – Let the game begin!

Step 4 - Pro Tip: Hit the ball in a slightly higher arc to ensure a regular return and a better flow of play. For those who prefer not to hit the ball too hard, we recommend standing in front of the base. For advanced players who hit harder, we advise standing behind the base.

Good to Know:

Our ball has been specially designed for maximum durability. However, even the toughest ball has its limits. With intensive use, both the lifespan of the ball and the cord may shorten. No worries – we've packed extra cords for you, and you can find replacement balls in our Amazon store – as easy as changing the head of an electric toothbrush!

Tutorials and Support:

Check out our social media channels! There you'll find various video tutorials, such as how to use your Tenix® Tennis Trainer, how to replace the cord and tennis ball, as well as other content like contests and gameplay videos. Quality and satisfaction are our top priorities. If you have any concerns or questions, feel free to contact us via email anytime.

Safety Warnings:

Attention: Installation & use only under adult supervision. Choking hazard: Small parts may be swallowed or inhaled. This is not a toy, but a sports item. Not suitable for children under 14 years. Strangulation risk: Be mindful of the long cord. Ensure that no persons or objects can be hit within a 15-meter radius. The included cords serve as replacements for the cord attached to the device and are not toys.